

Individual Interview

Please describe, in your own words the history of your relationship, including what you think the issues are, what needs to change, and what is the probability of change:

Please tell me about your Family History. Who do you resemble in your family? What family of origin patterns do you see playing out in your current relationship:

Please describe your history of prior relationships. Is there any baggage or patterns which still affect you?

History of prior therapy:

Please describe commitment to the relationship:

What are your hopes and expectations of the relationship and therapy:

Cost-benefit analysis of the relationship: Is there more positive or more negative in your relationship at present?

Is there any ongoing or previous physical or emotional abuse:

Are there any ongoing and previous extra-relationship affair(s):

Do you have any history of depression, anxiety, PTSD, OCD:

Do you have any history of sexual abuse:

Do you have any history of drug and alcohol abuse:

Is there anything not yet discussed that would be helpful to understand you, partner or your relationship?